



**Ambitious
about Autism**

Being transgender

A visual story explaining
being transgender.



Being transgender is a gender identity.

Transgender is a term for how someone experiences gender.

It is often shortened to trans.

Being transgender is identifying as a different gender to the one you were assigned at birth.

Being cis gender, is identifying as the same gender as you were assigned at birth.

It is important to treat someone according to how they identify.



Cis men and trans men are both men.

Cis women and trans women are both women.

Some trans people don't identify as men or women.

They identify as non-binary.



Lots of people are trans.

Sam is autistic, he is also a trans man.

When Sam was born he was assigned female, but he never felt like a girl.

Sam felt he was in the wrong body.



Sam wanted to be treated like a boy.



When Sam was in school, he started wearing boys' uniform.

The school made changes for Sam so he would feel comfortable.

Sam enjoyed playing on the boys' football team and most of his friends were good at making Sam feel accepted.

Sam started using he/him pronouns.

When Sam left school and started his job, he wore a badge so people would use the right pronouns.





Some trans people change their name and their pronouns.

When someone tells you their pronouns, it is important to use them.

Sometimes you might make a mistake and get it wrong. You can apologise and correct yourself.

This makes people feel validated, appreciated and comfortable being themselves.

It is never okay to purposely use the wrong pronouns or use someone's old name.

This is called dead naming and is offensive.





Some people are in different stages of their transition.

There is no right way to look like a man, a woman or someone who is non-binary.

Everyone expresses their identity differently.

All trans people look different.





**Actor Elliot Page
is a trans man.**

**Activist Jazz
Jennings is a
trans woman.**

**Do you know
anyone that is
trans?**

Being trans is not a sexuality.

**Trans people can be lesbian,
gay, bisexual, asexual and more.**

Only you can define your sexuality.

Only you can define your gender identity.



We are Ambitious about Autism

Ambitious about Autism is the national charity standing with autistic children and young people.

We believe every autistic child and young person has the right to be themselves and realise their ambitions.

We started as one school and have become a movement for change. We champion rights, campaign for change and create opportunities.

Contact us

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