

Being gay

A visual story explaining gay relationships.



Being gay is a sexual orientation.

Usually, it describes a man who is attracted to other self-identifying men.



Sometimes, gay is used to describe others in the LGBTQ+ community, like lesbians.

Lots of people are gay.

Caspian is autistic, he also identifies as gay.

Caspian met his boyfriend at university.

When Caspian was in school, he was teased for looking and acting a certain way.

Now Caspian is in a happy and healthy relationship.

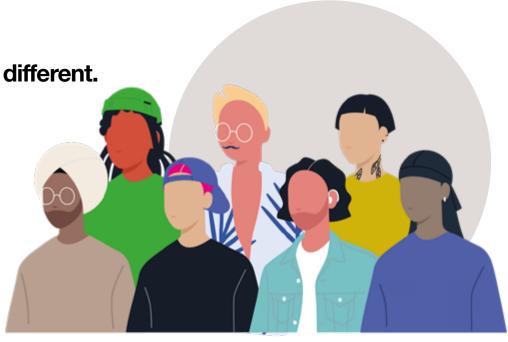
He is proud to be young, autistic and gay.



All gay people look different.

Rugby player Gareth Thomas is gay.

Presenter Gok Wan is gay.



Do you know anyone that is gay?

Caspian's family always asked him about having a girlfriend.

Caspian didn't tell anyone he thought he was gay. He was worried they might not believe him because he's autistic.

Because people teased him, Caspian thought it was bad to be gay.

It is not bad to be gay.



Caspian told his family he was gay when it felt right for him.

He feels authentic and more confident.

It is okay to say you are gay at any stage in your life.

Only you can define your identity.



We are Ambitious about Autism

Ambitious about Autism is the national charity standing with autistic children and young people.

We believe every autistic child and young person has the right to be themselves and realise their ambitions.

We started as one school and have become a movement for change. We champion rights, campaign for change and create opportunities.

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